

San Lauren Supper Menu

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cinnamon Toast Crunch Yogurt & Cheese Carrots & Juice	2 Sunbutter Sandwich Cheddar Cubes Cucumbers & Apples	3 Chef Salad Sunflower Seeds Roll & Fruit Cup	4 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	5 Nacho's Sunflower Seeds Salsa & Fruit
8 Cinnamon Toast Crunch Yogurt & Cheese Carrots & Juice	9 Sunbutter Sandwich Cheddar Cubes Cucumbers & Apples	10 Chef Salad Sunflower Seeds Roll & Fruit Cup	11 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	12 Nacho's Sunflower Seeds Salsa & Fruit
15 Cinnamon Toast Crunch Yogurt & Cheese Carrots & Juice	16 Sunbutter Sandwich Cheddar Cubes Cucumbers & Apples	17 Chef Salad Sunflower Seeds Roll & Fruit Cup	18 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	19 Nacho's Sunflower Seeds Salsa & Fruit
22 Cinnamon Toast Crunch Yogurt & Cheese Carrots & Juice	23 Sunbutter Sandwich Cheddar Cubes Cucumbers & Apples	24 Chef Salad Sunflower Seeds Roll & Fruit Cup	25 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	26 Nacho's Sunflower Seeds Salsa & Fruit
29 Cinnamon Toast Crunch Yogurt & Cheese Carrots & Juice	30 Sunbutter Sandwich Cheddar Cubes Cucumbers & Apples	31 Chef Salad Sunflower Seeds Roll & Fruit Cup	1 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	2 Nacho's Sunflower Seeds Salsa & Fruit

Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Graham Friends Milk	2 Cheez-it's Fruit Juice	3 Blueberry Muffin Milk	4 Pretzels Fruit Juice	5 Fresh Fruit Milk
8 Pop Tart Milk	9 Cheddar Bunnies Fruit Juice	10 Chex Mix Milk	11 String Cheese Fruit Juice	12 Cereal Bar Milk
15 Graham Friends Milk	16 Cheez-it's Fruit Juice	17 Blueberry Muffin Milk	18 Pretzels Fruit Juice	19 Fresh Fruit Milk
22 Pop Tart Milk	23 Cheddar Bunnies Fruit Juice	24 Chex Mix Milk	25 String Cheese Fruit Juice	26 Cereal Bar Milk
29 Graham Friends Milk	30 Cheez-it's Fruit Juice	31 Blueberry Muffin Milk	1 Pretzels Fruit Juice	2 Fresh Fruit Milk

Supper Menu Follows CACFP Meal Pattern

This institution is an equal opportunity provider

All Grain & Bread Items Served are Whole Grain

Menu Subject to Change

Supper Milk- 1% White Milk