

San Lauren Supper Menu

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Nacho's & Salsa Sunflower Seeds Sweet Cranberries	1 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	2 Cheesy Pizza Kit Fruit Cup	3 Sunbutter Sandwich Cheese & Apples Sliced Cucumbers	4 Cinnamon Toast Crunch Yogurt & Cheese Carrot Sticks & Juice
7 Nacho's & Salsa Sunflower Seeds Sweet Cranberries	8 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	9 Cheesy Pizza Kit Fruit Cup	10 Sunbutter Sandwich Cheese & Apples Sliced Cucumbers	11 Cinnamon Toast Crunch Yogurt & Cheese Carrot Sticks & Juice
14 Nacho's & Salsa Sunflower Seeds Sweet Cranberries	15 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	16 Cheesy Pizza Kit Fruit Cup	17 Sunbutter Sandwich Cheese & Apples Sliced Cucumbers	18 Cinnamon Toast Crunch Yogurt & Cheese Carrot Sticks & Juice
21 Nacho's & Salsa Sunflower Seeds Sweet Cranberries	22 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	23 Cheesy Pizza Kit Fruit Cup	24 Sunbutter Sandwich Cheese & Apples Sliced Cucumbers	25 Cinnamon Toast Crunch Yogurt & Cheese Carrot Sticks & Juice
28 Nacho's & Salsa Sunflower Seeds Sweet Cranberries	29 Turkey & Cheese Croissant Lettuce & Tomato Cranberry Juice	30 Cheesy Pizza Kit Fruit Cup	31 Sunbutter Sandwich Cheese & Apples Sliced Cucumbers	1 Cinnamon Toast Crunch Yogurt & Cheese Carrot Sticks & Juice

Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Chex Mix Milk	1 Cheddar Bunnies Fruit Juice	2 Cereal Bar Milk	3 String Cheese Fruit Juice	4 Pop Tart Milk
7 Graham Bunnies Milk	8 Cheez-it's Fruit Juice	9 Fresh Fruit Milk	10 Pretzels Fruit Juice	11 Blueberry Muffin Milk
14 Chex Mix Milk	15 Cheddar Bunnies Fruit Juice	16 Cereal Bar Milk	17 String Cheese Fruit Juice	18 Pop Tart Milk
21 Graham Bunnies Milk	22 Cheez-it's Fruit Juice	23 Fresh Fruit Milk	24 Pretzels Fruit Juice	25 Blueberry Muffin Milk
28 Chex Mix Milk	29 Cheddar Bunnies Fruit Juice	30 Cereal Bar Milk	31 String Cheese Fruit Juice	1 Pop Tart Milk

Supper Menu Follows CACFP Meal Pattern

This institution is an equal opportunity provider

All Grain & Bread Items Served are Whole Grain

Menu Subject to Change

Supper Milk- 1% White Milk